

Are You Losing Interest In Your Work?



Here is a short story about two people, Betty and Jon. Betty had a very productive, enjoyable workweek that flew by. Jon couldn't get his eyes off the clock and had trouble getting into work each day.

Betty met with her manager on Monday and was asked to put together a report that showed the turnover rate of employees from the past three years and to have it ready by Friday. Betty is very concerned about the rate of turnover but has never spent the time to really analyze the data or put together any form of reporting so she is very eager about the assignment. Betty worked hard on the project all week and really enjoyed pulling the data and putting together the report.

Jon also met with his manager on Monday and was asked to put together a proposal on a new HRIS (Human Resource Information System) and present it to the Vice President on Friday afternoon. Jon has been through this before and been shot down so he really isn't motivated to put together anything at this time. Jon knows that the department budget is limited and doesn't foresee the proposal ever going anywhere so really lacks any motion to getting the proposal done. Most of all, Jon has no respect for the Vice President that he is supposed to meet on Friday afternoon and so he spends his time thinking about how he can get out of work on Friday instead of putting the proposal together.

Similar tasks but very different reactions between Betty and Jon.

Betty enjoys her work and is very interested in the day-to-day issues that come across her desk. Jon is tired of being shot down every time he is assigned a project and so carries with him a lot of negative feelings toward his job. Jon doesn't believe in the company mission statement and his values do not align with the corporate goals. Jon is not being given the chance to put his ideas in to action and show the strength of his ideas.

When there is this lack of motivation and passion for our daily work, is it often a sign of a time to make change for us. Unfortunately, we sometimes get caught in the trap of denial and continue on the path that brings us grief just for a paycheck.

It takes time but we all need to find what our heart and soul really want to do – this should be our purpose and passion until we find it. It is difficult to break old habits but there will never be a better time to begin to put new life into your career and rekindle your passion for work. You owe it to yourself.